

Children/Youth Group Volunteer

Position Description and Roles and Responsibilities

Hours Shifts:* (may subject to change)

Weekdays:	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Locations:	6pm-8pm	5pm-7pm	9:30am-11:30am	6pm-8pm	None

Position Description

Children’s Group: Children’s group is a safe space for children who have experienced trauma. The group will focus on resilience, healthy ways to express ourselves, positive communication skills, and building healthy relationship skills using established best practices.

Duties:

- Assist in co-facilitation and session flow of Children’s Group
- Provide survivor driven and trauma informed advocacy services
- Educate Youth on Healthy Relationship Characteristics and Coping Skills
- Provide resources and referrals as needed*
- Safety plan
- Assist group facilitator in group planning, set-up, and clean-up
- Maintain confidentiality at all times
- Support youth outreach efforts and trainings in the community

Requirements:

- Complete application and background check paperwork
- Attend mandatory 20 hour Volunteer and Domestic Violence Advocacy training and all subsequent shadow and reverse-shadow shifts
- Commitment of 6 months - 1 year
- Interest and experience with working with Youth/Children
- Responsible and good communication skills



Qualifications:

- Ability to listen effectively and provide genuine support
- Ability to develop rapport with youth of all ages
- Ability to maintain confidentiality
- Ability to remain calm in times of crisis
- Ability to work with diverse populations

Reports to:

Primary children's advocate co-facilitating children/youth group

And/or

Natalie Hills, Resources Manager

Natalien@lifewire.org – (work) 425-562-8840 ext. 358

The “How To” and Specifics of Youth Group Volunteering

Goals of Group:

- Foster self-esteem by showing and telling youth that they are lovable, competent and important
- Creating a safe, structured, and predictable environment for youth
- Model and encourage good friendship and relationship skills
- Promote emotional resilience among youth and surviving parent
- Connect youth to what they love
- Support the Mother-Child Bond

Structure and Facilitation:

Group is a safe space for children and teen domestic violence survivors to support and be in community with one another.

- Set Up and Volunteer Check-in – 15 minutes prior to group start
- Welcoming
- Youth Check-In
- Group Activity or Art Therapy
- Hearth/Free Time



- Reflection and Mindfulness Activity
- Closing

Volunteer Expectations

- Arrive 15 minutes prior to start of group to check-in and plan with facilitator
- Consistently engage and build relationships with youth at group
- If unable to attend group let Facilitator know *at least* 24 hours in advance
- Continued education/training around domestic violence and supporting children impacted by trauma

