



at Lifewire...

WE SUPPORT SURVIVORS:

LifeWire listens to domestic violence survivors describe their needs and then tailors support to help each individual with their personal challenges and goals.

- LifeWire offers **survivor-driven advocacy** based on what survivors identify as important or necessary, including emotional support, safety planning, and resource referrals.
- LifeWire's **24-Hour Helpline** provides survivors and community members with support, resources, and options.
- **Adult and children's support groups** offer survivors safe spaces to share their experiences, process trauma, and learn skills to help them heal.
- Through **legal advocacy**, survivors get help obtaining protection orders, developing parenting plans, filing for divorce, and navigating other legal matters. LifeWire partners with local attorneys to offer pro bono consultations.
- LifeWire offers one-on-one and group **mental health therapy** for survivors and their children, which can be key to healing from the trauma of domestic violence.

WE PROVIDE PATHS TO SAFER HOUSING:

At LifeWire, we work with families to ensure that no one has to choose between staying in an abusive relationship and becoming homeless.

- At **My Sister's Home**, LifeWire's confidential emergency shelter, families in lethal situations receive housing and supportive services.
- **My Friend's Place** provides confidential transitional housing and supportive services for families healing from both domestic violence and chemical dependency.
- **Flexible funds** help survivors keep or find housing by stopping evictions and paying for move-in costs, utilities, emergency hotel stays, or other expenses.
- **Short-term rental assistance programs** support families as they transition into safe and stable housing.



WE PROMOTE HEALTHY RELATIONSHIPS:

LifeWire partners with area high schools and Bellevue College to ensure that young people have the tools they need to identify and build healthy relationships, support each other and family members, and practice leadership that promotes gender equity and challenges violent attitudes and behaviors.

- LifeWire works with partner schools to **teach violence prevention** through the schools' health education and leadership classes.
- We foster **Gender Equity Clubs** in partner schools to develop campus cultures that value healthy relationships and promote gender equity.
- At LifeWire's summer **youth training institute**, students develop leadership skills and knowledge around gender equity and gender-based violence, preparing them to respond safely and supportively.
- As a founding partner in **Team Up Washington**, LifeWire provides "Coaching Boys Into Men" training for high school athletic coaches throughout the state.

24-HOUR HELPLINE

425-746-1940 or 1-800-827-8840

VOICE/TTY/INTERPRETERS

8:00 a.m. - 5:00 p.m., Monday - Friday

BUSINESS

425-562-8840

FAX

425-649-0752

WA STATE DOMESTIC VIOLENCE HOTLINE

1-800-562-6052

LIFEWIRE

PO Box 6398
Bellevue, WA 98008-0398

www.lifewire.org

Supported by
United Way of
King County.





get involved

VOLUNTEER

LifeWire is grateful to the hundreds of volunteers who bring energy and compassion to the work of ending domestic violence.

Direct Service Volunteers work with survivors of domestic violence and their families. Our comprehensive 20-hour training program—offered at least once a year—prepares volunteers to help survivors dealing with the trauma of family violence. Volunteer opportunities include answering LifeWire's 24-Hour Helpline, co-facilitating support groups, and providing court accompaniments.

Support Volunteers provide LifeWire staff with valuable fundraising, administrative, and professional help. No special training required. Volunteer opportunities include planning LifeWire's fundraising events, serving on a committee, and assisting with the Holiday Shop.

JOIN US

LifeWire hosts two fundraising events each year—the World of Hope Gala and Auction in the spring and a Breakfast in the fall.

Visit www.lifewire.org/events for information on how you can attend or get involved.

LEARN MORE



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Follow us on Instagram: @LifeWireOrg



Check us out on LinkedIn: @LifeWire



Follow us on Twitter: @LifeWireOrg

For more information about how to get involved visit:
www.lifewire.org/get-involved



MISSION

LifeWire's mission is to end domestic violence by changing individual, institutional and societal beliefs, attitudes and behaviors that perpetuate it.

VISION

Domestic violence is a human rights issue. LifeWire envisions a world in which every person lives in a safe environment, free from oppression and with the opportunity to thrive.