

WE SUPPORT SURVIVORS:

LifeWire works alongside domestic violence survivors and tailors support to address each survivor's priorities, challenges, and goals.

- LifeWire offers **survivor-driven advocacy** based on what survivors identify as important or necessary, including emotional support, safety planning, and resource referrals.
- Our **helpline** provides survivors and community members with support, resources, and options.
- Through **legal advocacy**, we help survivors obtain protection orders, develop parenting plans, file for divorce, and navigate other legal matters like immigration.
- Our **adult and children's support groups** offer survivors safe spaces to share their experiences, process trauma, and develop skills to help them heal.
- LifeWire offers survivors one-on-one **mental health therapy**, which can be key to healing from the trauma of domestic violence.

WE PROVIDE PATHS TO SAFER HOUSING:

LifeWire works with survivors and their children to secure housing free from domestic violence.

- At **My Sister's Home**, LifeWire's confidential emergency shelter, families receive supportive services and find safety in individual apartments.
- **My Friend's Place** provides confidential transitional housing and supportive services for families healing from both domestic violence and substance use.
- **Flexible funds** help survivors keep or find housing stability and safety by paying expenses like move-in-costs, car repairs, and utilities.
- **Short-term rental assistance** programs support individuals and families as they transition into safe and stable housing.



WE PROMOTE HEALTHY RELATIONSHIPS:

LifeWire partners with area high schools and Bellevue College to ensure that young people have the tools they need to identify and build healthy relationships, support each other and family members, and practice leadership that promotes gender equity and challenges violent attitudes and behaviors.

- LifeWire works with partner schools to **teach violence prevention** through the schools' health education and leadership classes.
- We foster **Gender Equity Clubs** in partner schools to develop campus cultures that value healthy relationships and promote gender equity.
- At LifeWire's summer **youth training institute**, students develop leadership skills and knowledge around gender equity and gender-based violence, preparing them to respond safely and supportively.
- As a founding partner in **Team Up Washington**, LifeWire provides "Coaching Boys Into Men" and "Athletes as Leaders" training for high school athletic coaches throughout the state.

24-HOUR HELPLINE

425-746-1940 or 1-800-827-8840

VOICE/TTY/INTERPRETERS

8:00 a.m. - 5:00 p.m., Monday - Friday

BUSINESS

425-562-8840

FAX

425-649-0752

WA STATE DOMESTIC VIOLENCE HOTLINE

1-800-562-6052

LIFEWIRE

PO Box 6398
Bellevue, WA 98008-0398

www.lifewire.org

Supported by
United Way of
King County.





get involved

You can make a difference.

Everyone has a role to play in creating healthy, safe, and vibrant communities. There are many ways you can get involved with LifeWire. You can make a difference by sharing a quick social media message in support of survivors, spending an evening at our World of Hope Gala and Auction, or making the life changing decision to take on a rewarding volunteer role.

VOLUNTEER

We could not do the important work of eliminating domestic violence without our volunteers. Your energy and compassion make all the difference in the world to survivors of domestic violence and their families!

Direct service volunteers work alongside staff and provide survivors of domestic violence and their families with valuable support, including legal advocacy, emotional support, and information about community resources. A comprehensive 20-hour domestic violence training is required.

Support volunteers do not work directly with survivors, but immensely impact the work that we do. Whether you have time during the day, in the evening, or on weekends, we have one-time and ongoing volunteer opportunities.

JOIN US

LifeWire events help ensure that survivors who walk through our doors can access the support they need and we can continue our mission of preventing and ending domestic violence. We invite you to join us and make a difference by attending as a guest, becoming a sponsor, donating auction items, or volunteering.

Visit lifewire.org/events for information on our upcoming events and how you can get involved.

STAY INFORMED

Follow LifeWire on social media to learn more. See how your support can make a difference, and become a source of information about domestic violence and healthy relationships.



Like us on Facebook: @LifeWireOrg



Follow us on Instagram: @LifeWireOrg



Check us out on LinkedIn: @LifeWire



Follow us on Twitter: @LifeWireOrg

For more information about how to get involved visit:
www.lifewire.org/get-involved



MISSION

Lifewire's mission is to end domestic violence by changing individual, institutional and societal beliefs, attitudes and behaviors that perpetuate it.

VISION

Domestic violence is a human rights issue. LifeWire envisions a world in which every person lives in a safe environment, free from oppression and with the opportunity to thrive.