



Spring 2026 *Newsletter*

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- LifeWire in 2025 by the Numbers
- Welcoming our new Executive Director
- Spring's Community Circle Giving Campaign and Brunch on May 15th
- Save the Date for the Hopecoming Gala on October 3rd



Dear Friends of LifeWire,

Spring reminds us each year that new growth is possible. At LifeWire, we see this every day in the strength and resilience of survivors who rebuild their lives with our support, partnership, and shared hope.

This past year's services summary reflects the trust survivors place in LifeWire during some of the hardest moments of their lives. Our team provides comprehensive, wrap-around support with a focus on safety and housing stability. We work alongside each survivor to move forward as they choose their paths. Healing and stability, like hope, grow over time.

At the same time, the need in our community continues to increase. More survivors in Western Washington are at risk of losing their housing. Families are seeking safety more than ever before. We are proud of what LifeWire's community has accomplished with your help, and there is still much more to do in the days ahead.

As Board President, I have had the privilege of witnessing the dedication of LifeWire's staff. Their compassion and expertise have helped families avoid eviction, secure stable housing, and gain tools for long-term stability. These outcomes matter—and they depend on your continued support.

This month, we welcome Theresa Anderson as LifeWire's Executive Director to lead and support our teams as we begin our forty-fifth year walking alongside survivors and their families. Theresa's rich history of service to LifeWire and her legacy of visionary leadership position LifeWire for growth, connection, and deepened partnerships. I invite you to learn more about her hopes and insights in this newsletter.

With these reflections in mind, I'm honored to share LifeWire's Community Circle Spring Giving Campaign which runs through the end of May. With a regular monthly gift or an annual contribution of \$120 or more, you join a community that creates lasting stability for survivors. The capstone event of the campaign is a brunch at Archer Hotel Redmond on May 15th. We would love to welcome you to hear more about LifeWire's journey this year.

Your generous partnership with us expands housing options, strengthens rehousing efforts, and supports life-changing programs. Every gift sends a powerful message: survivors are not alone, and there is a path forward.

Thank you for standing with LifeWire today and every day.

With gratitude,

Laurie Miyauchi

Laurie Miyauchi
President, LifeWire Board of Directors



LifeWireOrg



www.lifewire.org



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MISSION AND VISION

LifeWire supports survivors of domestic violence on their path toward safety, stability, and healing.

We work to end domestic violence by changing community beliefs, attitudes, and behaviors.

Domestic violence is a human rights issue. LifeWire envisions a community in which every person lives in a safe environment, free from oppression and with the opportunity to thrive.

PROGRAMS

Advocates partner with survivors on their individual journeys to renew strength and empowerment. We offer supportive services and housing resources.

We listen to survivors describe their needs and goals. We help them identify resources that will support safer lives.

By tailoring our support to each survivor and using a housing first approach, LifeWire responds to survivors' unique strengths, goals, and barriers.

SERVICES

Advocates responded to 2,654 Hotline calls from survivors.

840 people received support and safety planning from LifeWire's advocates.

39 children & youth received advocacy services for 258 hours of direct support from LifeWire.

111 adults and 245 children participated in our Seasonal Resource Programs, including school supplies, literacy support, and food.

HOUSING

203 families including 358 children accessed safe, confidential shelter and housing support (rental assistance and eviction prevention).

46 families including 63 children were sheltered with hotel vouchers.

67 families including 123 children received Rapid Rehousing Rent Assistance to rebuild their lives after fleeing domestic violence.

Flexible funds and advocacy prevented homelessness for 172 families.

CONNECT WITH US

Friends, family, neighbors, and employers play a part in preventing and addressing domestic violence.

LifeWire's free, virtual trainings and workshops are tailored to the needs, size, and time availability of your group.

Together we cover: What is DV? What are the signs? What can help support a survivor? How can communities work together to prevent DV?



Platinum
Transparency
2026

Candid.





Welcome!

Executive Director Theresa Anderson

LifeWire's community is happy to welcome our longtime dedicated partner and past Board President to its Leadership Team as our new Executive Director this April.

As Theresa begins her new role with LifeWire, she shares her vision and excitement for our future, offering her perspective on the opportunities and challenges ahead. With unwavering commitment to survivors and their families, Theresa's leadership is deeply rooted in LifeWire's mission, vision, and values.

You have been a partner and contributor to LifeWire's work for many years. What first inspired you about our mission and purpose?

I have always been drawn personally and professionally to mission-based organizations that center on creating healthy individuals and healthy communities. LifeWire helps to give voice to survivors as they rebuild their futures and establish community. My family has a long legacy of public service. During my childhood, I saw my father's caring example as he worked with survivors and their families in his role as a police officer. My brother-in-law, Shawn, first introduced my wife and me to LifeWire nearly a decade ago when he served as a Board member. I was inspired to join LifeWire because the work carries a significant impact as we support and advocate together.

LifeWire's community of staff, board, and partners shares a commitment to safety, stability, and healing. How do your professional background and personal values inform the way you want to lead at LifeWire?

As a leader, I want teams to feel empowered to show up fully and authentically. The reality is, we spend more time in the workplace with our coworkers than we do with our own families. Team members should feel empowered to take pride in showing up as trusted work partners, supported in their growth as individuals. Effective leadership requires building sustainable systems and a community of partners within which all individuals thrive. At LifeWire, we have an obligation to challenge systems of oppression that impact survivors and the community as a whole. With trust and dependable partnership as our foundation, LifeWire will continue to flourish in its work.

What about your new role as LifeWire's Executive Director interests you most as LifeWire begins its 45th year of service to survivors and their children?

What interests me most is positioning LifeWire for the next chapter. Together, we can imagine what the next 45 years of service look like and set the organization up to achieve it. LifeWire strives for a world without domestic violence. This will be a long journey. We need to prepare for the journey by thinking about longevity. A long-term vision with sustainable planning will ensure LifeWire continues to provide support when survivors seek it. We will continue to strengthen our coalitions and community partnerships. Working closely with our partners, we can provide better resources for our teams as they experience secondary trauma and stressors from this work.

Sustaining a strong cross-organizational community increases our collective ability to serve survivors. We will be in regular conversation with our elected officials on the municipal, county, state, and federal levels. LifeWire has the honor and responsibility to use our voice to uplift survivors in all of our relationships.



HOPE STARTS HERE APARTMENTS BEGINS ITS 3RD YEAR OF OPERATIONS

In early 2024, LifeWire opened the doors to Hope Starts Here Apartments (HSH) in East King County. We are proud to be the first multifamily housing project to provide emergency shelter and transitional housing in individual apartments to survivors, their children, and their pets.

As of March 2026, HSH's 25 apartment homes are all full, housing families who are rebuilding their lives after domestic violence. We have added enhanced security gates and cameras to support an even safer environment for survivors and their kids. A stocked food pantry and laundry room are free and available for use 24 hours/day. Staff at HSH provide bilingual support to adults and children, offering culturally responsive services both onsite and virtually as needed. Advocacy with families includes school enrollment and transportation help, partnership with Kidvantage for supplies and clothes, and special event celebrations. In 2025, a family literacy program began, offering food and family reading opportunities. We look ahead to another summer of enrichment and community in the coming months!



UNIFIED ADVOCACY MODEL COMES TO LIFEWIRE

To improve services, LifeWire has transitioned to a unified advocacy structure in the first quarter of 2026. Survivors now have one point of contact within LifeWire for safety planning, rental assistance, flexible funding needs like groceries and diapers, and goal setting. This model offers a trauma-informed, survivor-centered approach. It reduces barriers and delays in meeting basic needs. In March, LifeWire supported families with over \$70,000 of rental assistance to help them stabilize and maintain housing. There is continuity of relationships with unified advocacy. Families are better able to plan their path and build toward the future.



ON THE EASTSIDE WITH LIFEWIRE'S LEADERS

This Winter, LifeWire has been deepening relationships with our community partners in East King County. It's been our home for 45 years and we are so thankful for the increasing community support for ending domestic violence. Olivia Montgomery, Valarie Buford, and Nadia Vaenerberg have been meeting with our municipal, county, and state funding partners. Alexis Harden offered training in domestic violence dynamics to Bellevue Fire Department teams and invited our partners from Olive Crest and 4Tomorrow to meet with the housing and services teams. Amy FitzGerald has spoken at Bellevue Rotary, tabling with OneRedmond, and at the Mercer Island Light Rail Opening with Saoirse Ryan and our volunteers from Tesla STEM High School.

NEW FRIENDS AND COMMITTED PARTNERS

This year, the LifeWire community celebrates our continued relationships with longtime supporters, and welcomes new collaborations! We are thankful for the renewal of funding from King County Regional Homelessness Authority, Washington State DSHS and Department of Commerce. We are thrilled to receive new support from Virginia Mason ICHS and the Kroger Foundation. It is a pleasure to welcome new board member, Melody Lucero (of Costco Wholesale) to LifeWire!





COMMUNITY CIRCLE SPRING CAMPAIGN

Like many organizations, LifeWire's community support forms the foundation of our work. For almost forty-five years, our neighbors and partners have supported survivors. You are the reason their journeys toward safe homes and stable lives are possible!

Every gift you make is a lifewire to a survivor. With an annual gift of \$120 (\$10/month) or a monthly recurring donation, you can join LifeWire's Community Circle. Sustained gifts ensure that we can plan for survivors' needs well into the future, confident that resources will be available as they reach for their goals.

\$120 will provide a month's worth of gas for a survivor's commute to a new job, supply a fridge with healthy food for a family, or fill a backpack so that a student in shelter can keep up with their schoolwork.

Join the Community Circle today!
<https://www.lifewire.org/donate>

HOPE GROWS HERE LIFEWIRE'S SPRING BRUNCH RETURNS!

LifeWire would like to welcome our friends and partners to join us for Brunch! Come celebrate the successes of the past year with our staff and board of directors.

We'll enjoy a delicious brunch with a juice and coffee bar catered by our friends at the Archer Hotel in Redmond. There will be a short program emceed by LifeWire's Housing Director Alexis Harden, featuring a Q&A with leadership and colleagues.

We would love to see you and share more about our plans and vision for the year ahead.

Though your presence is your gift to us, donations are always welcome if you would like to contribute to LifeWire's work.

Please RSVP before May 7th. Space is limited, so reserve your spot today!

Scan the QR code for the Brunch website, and mark your calendar!

LIFEWIRE INVITES YOU TO

Hope Grows Here

a brunch celebration of friends and community

FRIDAY, MAY 15, 2026
11 AM TO 1 PM

Archer Hotel Redmond
7200 164th Avenue Northeast
Redmond, Washington 98052

The event is free to attend; space is limited.
Your RSVP is gratefully appreciated.

LIFEWIRE'S
HOPECOMING GALA

LIFEWIRE

SAVE *the* DATE

SATURDAY, OCTOBER 3, 2026 AT MEYDENBAUER CENTER

LIFEWIRE IS BEGINNING ITS 45TH YEAR
OF SERVING SURVIVORS!

CELEBRATE IN YOUR BEST RETRO SCHOOL DANCE STYLES
FROM THE 80'S, 90'S, 00'S, AND TODAY!

OCTOBER 2026

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